



1. What is your philosophy on birth?
2. Why did you become a midwife? How long have you been a midwife?
3. What is your designation? CPM, DEM? Why did you decide on this route? How long was your training?
4. How many births have you attended? How many of those were you a primary midwife?
5. If you are a DEM what was your training like? Can I talk with your preceptor? (This may be more or less applicable depending on how long the midwife has been practicing).
6. What does your fee include? Are there any other fees I should expect?
7. Do I need to purchase or rent a birth tub? What about birth kit supplies?
8. Who is your backup midwife? Do you work with a team? Who will attend my appointments and birth?
9. How many births do you take on a month? Do you have a limit to how many per month?
10. What are your protocols after 40 weeks? How long are you comfortable waiting for labor to start?
11. Do you have CPR and NRP (Neonatal Resuscitation Program) certification? How often do you re-certify?
12. What appointment schedule do you have for prenatal and postpartum visits? Where are those visits held?
13. How do you monitor me or my baby during labor?
14. At what point in labor do you come to me? What does early labor look like?
15. What types of testing do you recommend such as: Urine check, lab work, genetic testing, ultrasounds such as anatomy or growth scans, gestation diabetes, iron (hemoglobin), GBS (group beta strep). Would I need to go to a lab or can you draw labs? Can I decline tests or are there any you don't recommend?
16. What hospital do you prefer to transfer to and what is your relationship like there? What does a transfer look like in your practice? If we need to transfer baby what does that look like?
17. What is your transfer rate and reasons for transferring a client or baby?
18. Have you (or your practice) lost a baby or birthing person at home? What about losing them after arriving at the hospital? What percentage is this? (Some midwives don't count loss that happens in the hospital as part of their stats no matter if the issue started at home or not). Do you know the reasons for losses?
19. How long do you leave the placenta attached? Can I do delayed cord clamping?
20. Do you have ways to help reduce tearing? What happens if I tear?
21. Do you carry herbs, essential oils and homeopathic? How comfortable are you with using them?
22. Do you carry life saving medications such as Pitocin, Cytotec, Methergine? IV fluids? Oxygen?